**Online Anti stammering Psycho therapy** [**Pay & Book**](https://www.instamojo.com/%40surajstammeringcarecentre)

 **SURAJ STAMMERING CARE CENTR**

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| --- | --- | --- | --- | --- | --- |
| Discription  | Online basic Rs 800 therory | Online silver Rs 3000 | Online Gold  Rs 5000 | Online plat Rs 8000 | Online AdvRs 12000 |
| **Online Checkup & analysis**  | **yes** | **yes** | **yes** | **yes** | **Yes**  |
| **Duration per day** | **30min /day self**  | **30min/day by experts**  | **45min /day by expert** | **60min/day expert** | **90mim/day exp** |
| **Total Duratuin**  | **Upto satisfaction**  | **20 days** | **25days**  | **30days**  | **60days**  |
| **Support after therapy**  | **Life time**  | **Life time**  | **Life time**  | **Life time**  | **Life time**  |
| **A-Used therapy**  |  |
| **2-Speech therapy**  | **Yes**  | **Yes**  | **Yes**  | **Yes**  | **yes** |
| **3-Psychotherapy** | **No** | **No**  | **No**  | **Yes**  | **yes** |
| **4-Hypnotherapy** | **No**  | **No**  | **Yes theory**  | **No**  | **yes** |
| **5-Beheaveiour Modification therapy** | **No**  | **Yes** | **Yes**  | **Yes**  | **yes** |
| **6-Auto suggesion therapy** | **No**  | **No**  | **No**  | **Yes**  | **yes** |
| **7-Acupressure Therapy** | **No**  | **No**  | **Yes theory**  | **Yes theory** | **yes** |
| **8-Motivational therapy** | **yes** | **yes** | **yes** | **yes** | **Yes**  |
|  **B -Used Techniques**  |  |
| **9- Bouncing technique** | **No**  | **No**  | **Yes if required** | **Yes if required**  | **Yes if required** |
| **10-Prologation technique** | **Yes theory**  | **Yes** | **Yes**  | **Yes**  |  |
| **11- Imaging therapy** | **Yes theory** | **Yes** | **Yes**  | **Yes**  | **yes** |
| **12-Pause Technique** | **Yes theory** | **Yes** | **Yes**  | **Yes**  | **yes** |
| **13- Black management technique** | **No**  | **Yes** | **Yes**  | **Yes**  |  |
| **14- Air flow technique** | **Yes** | **Yes** | **Yes**  | **Yes**  | **yes** |
| **15- Visualization technique** | **No**  | **No**  | **Yes**  | **Yes**  | **yes** |
| **16 –Self Hearing Proccess**  | **Yes** | **Yes** | **Yes**  | **Yes**  | **Yes**  |
| **17 -Yoga and Meditation**  | **Yes** | **Yes** | **Yes**  | **Yes**  | **Yes**  |
| **18-- Voice Modulation Techniques**  | **No**  | **No**  | **No**  | **Yes Yes if required** |  **Yes if required** |
| **19- Block correction Techniques** | **Yes theory** | **yes** | **yes** | **yes** | **Yes**  |
|  **tTheory only**  |  |
| **20-Indoor Practice**  | **No**  | **No**  | **yes** | **Yes**  | **yes** |
| **21-Out door Practice**  | **Yes**  | **Yes**  | **Self**  | **Self**  | **yes** |
| **22- Group Discurssion**  | **No**  | **No**  | **No**  | **Yes**  | **yes** |
| **23-Stage Lucture**  | **No**  | **Yes**  | **Yes**  | **Yes**  | **yes** |
| **24- Block bord Teaching** | **No**  | **No**  | **No**  | **No**  | **yes** |
|  **D- You will learn**  |  |
| **25-Eys contact**  | **Yes** | **Yes** | **Yes**  | **Yes**  | **Yes**  |
| **26-Speed controlling**  | **Yes** | **Yes** |  |  | **yes** |
| **27--Proper combination between brain thouts and speech organs**  | **Yes** | **Yes** | **Yes**  | **Yes**  | **yes** |
| **28-Talking on mobile**  | **Yes** | **No**  | **Yes**  | **Yes**  | **yes** |
| **29- talking from strengers**  | **Yes** | **Yes** | **yes** | **yes** | **yes** |
| **30-Taklking in markket ticket window , bank counter, electric bill etc**  | **Yes**  | **No**  | **Yes**  | **Yes**  | **Yes**  |
| **E - Support after Therapy**  |  |
| **31-Whatsapp**  | **Yes life time free**  | **Yes- 1 Month**  | **2-month** | **3-Month** | **Month 6** |
| **32-Audio and video call**  |  **Yes life time free** | **Yes- 1 Month** | **2-Month** | **33-Month**  | **Month 6** |
| **32-Facebook**  | **Yes life time free**  | **Yes-1 Month** | **2 month yes** | **3-Month** | **Month 6** |
| **33-Refresh therapy**  | **Yes 10day**  | **Yes 15day** | **2-Month** | **3-Month**  | **Month 6** |
| **34-Audio video and softcapy of books** | **Yes life time free** | **Yes** | **Yes** | **yes** | **Yes**  |
| **F- Medicine if required**  |  |
| **35-Brain tonic**  | **No**  | **We recommend**  | **We recommend** | **We recommend** | **We recommend** |
| **36--Anti anxiety**  | **No**  | **We recommend**  | **We recommend** | **We recommend** | **We recommend** |
| **37-Relaxation and hypertension related**  | **No**  | **We recommend** | **We recommend** | **We recommend** | **We recommend** |
| **G-Tool and Devices**  |  |
| **38-Practice book** | **Yes included** | **yes** | **Yes**  | **yes** | **Yes**  |
| **39-Respirometer**  | **No**  | **yes** | **yes** | **No** | **Yes**  |